



## 2024 Calendar of Important Dates

Updated January 14, 2024

**NOTE:** Events marked with \* are tentative and pending APU Sanction. Meet Directors have expressed intent to host to give APU members an idea of when local meets will be held. Event is not confirmed until Meet Directors have submitted bid and sanction by APU Board has been approved.

January	20	<b>2024 Grit Power Open</b>   Edmonton, AB Evolve North - 13457 147 St NW Info: Tim Nadeau & Samantha Fung - <a href="mailto:timnadeau@gritpower.ca">timnadeau@gritpower.ca</a>
March	7-10	<b>CPU Western Championships</b>   Moose Jaw, SK Moose Jaw Convention Centre – 250 Thatcher Dr. Info: Ryand & Rhaea Stinn – <a href="mailto:truenorthstrongproductions@gmail.com">truenorthstrongproductions@gmail.com</a>
March	31	<b>Calgary Spring Cup</b>   Calgary, AB The Strength Edge - 4828 Pacific Road NE, Unit #1 3-Lift: 56 Lifter Info: Dani Calvelle, Danny Li, and Max Amey - <a href="mailto:calgaryspringcup@gmail.com">calgaryspringcup@gmail.com</a>
April	13	<b>The Gravity Games</b>   Calgary, AB Evolve Strength Sunridge - 985 23 Ave NE Unit #125 3-Lift: 56 Lifter Info: Kamille Lim, Kiley Morrissey, Mohanad Ibrahiem
May	1st 2 Weeks	<b>APU Local Meet - Open for Bid Sanction</b> *Not a provincial qualifier
May/June	21 - 1	<b>IPF World Classic &amp; Equipped Bench Press Championships</b>   Austin, Texas, USA
June	6-9	<b>2024 APU Provincial Championships</b>   Calgary, AB Garrison Curling Club - 2288 47 Ave SW Info: Pamela Hodder & Max Hall - <a href="mailto:apuprovincials2024@gmail.com">apuprovincials2024@gmail.com</a>
June	16 - 23	<b>IPF World Classic Open Powerlifting Championships</b>   Vilnius, Lithuania
June/July	TBD	<b>APU Annual General Meeting</b>   Calgary, AB

July	TBD	<b>* Heroes Classic</b>   Lethbridge, AB Location: TBD Lifter Cap: TBD Info: Max Hall
August	TBD	<b>APU Local Meet - Open for Bid Sanction</b>
August	10-May	<b>NAPF North American Regional Championships</b>   Scottsdale, Arizona, USA
August/ September	23 - 4	<b>IPF World Classic &amp; Equipped Sub-Junior &amp; Junior Powerlifting Championships</b>   Valletta, Malta
September	9 - 14	<b>2024 CPU National Championships</b>   Summerside, PEI 511 Notre Dame St. Info: Justin Smith & John MacDonald - <a href="mailto:2024cpunationals@gmail.com">2024cpunationals@gmail.com</a>
	~28	<b>* Wylie Strength Open</b>   Edmonton, AB Location: TBD Lifter Cap: TBD Info: Byrin Wylie and Samantha Fung
October	4 - 11	<b>Commonwealth Championships</b>   Sun City, South Africa
	13 - 20	<b>IPF World Classic &amp; Equipped Masters Powerlifting Championships</b>   Sun City, South Africa
	17 - 19	<b>NAPF North American Bench Press Championships</b>   San Jose, Costa Rica
	~26	<b>* 3 Peaks Open</b>   Calgary, AB Location: TBD Lifter Cap: TBD Info: Vicky lasenzanero and Anmol Ahuja
November	11 - 17	<b>IPF World Equipped Open Championships</b>   Reykjavik, Iceland
November	~16	<b>APU Local Meet - Open for Bid Sanction</b> <b>*UAPA usually hosts Powersurge in November</b>
December	~7	<b>* 2024 Cowtown Showdown</b>   Calgary, AB Location: TBD Lifter Cap: TBD Info: Leo King and Pamela Hodder