



ALBERTA
POWERLIFTING UNION

2023 Equipped Rankings



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	NAME	BW	CLASS	AGE	SQUAT	BENCH	DEADLIFT	TOTAL	IPF GL POINTS
1	Zaid Ibrahim	119.28	120	Open	350.0	220.0	330.0	900.0	87.18
2	Anton Zmushka	122.90	120+	Open	355.0	235.0	315.0	905.0	86.68
3	Shantelle Szuch	65.79	69	Master 1	190.0	100.0	200.0	490.0	86.37
4	Derrick Chuong	96.30	105	Junior	292.5	180.0	295.0	767.5	81.76
5	Khalil Mouallem	85.26	93	Master 1	273.0	162.5	270.0	705.5	80.22
6	Jim Derksen	109.53	120	Master 1	275.0	177.5	275.0	727.5	72.98
7	Dominic Hetu	89.94	93	Sub-Junior	232.5	177.5	210.0	620.0	68.44
8	Ben Kovacs	115.29	120	Open	285.0	167.5	220.0	672.5	66.03
9	Brian Kravstov	136.88	120+	Open	357.5	150.0	202.5	710.0	65.53