



ALBERTA  
POWERLIFTING UNION

# 2023 Women's Rankings Bench Only



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	NAME	BW	CLASS	AGE	SQUAT	BENCH	DEADLIFT	TOTAL	IPF GL POINTS
1	Avi Silverberg	101.78	84+	Open		167.5		167.5	120.68
2	Tori Laperriere	57.10	63	Junior		106.5		106.5	94.59
3	Maria Frank	55.80	57	Open		92.5		92.5	83.56
4	April Goodfellow	101.22	84+	Open		107.5		107.5	77.51
5	Samantha Fung	72.34	76	Open		95.0		95.0	74.28
6	Kiley Morrissey	68.02	69	Open		92.5		92.5	74.24
7	Pamela Hodder	78.70	84	Master 1		95.0		95.0	72.16
8	Zoe Knipe	65.38	69	Sub-Junior		88.0		88.0	71.99
9	Denise Royer	61.27	63	Master 1		81.0		81.0	68.69
10	Mandy Materi	132.06	84+	Open		95.0		95.0	67.12
11	Tamra Dickau	100.25	84	Open		75.0		75.0	63.94
12	Erin Matheson	83.06	84	Open		85.0		85.0	63.60
13	Victoria Iasenzanero	83.91	84	Open		85.0		85.0	63.43
14	Jody McPeak	59.55	63	Master 2		72.5		72.5	62.58
15	Dana Sandler	102.81	84+	Master 1		85.0		85.0	61.17
16	Kristen Watt	81.00	84	Open		77.5		77.5	58.37
17	Jynette Dussault	133.24	84+	Open		82.5		82.5	58.27
18	Shirley Davey	74.50	76	Open		75.0		75.0	58.01
19	Deborah Ellard	67.91	69	Master 3		72.0		72.0	57.83
20	Bree Weyland	111.26	84+	Junior		77.5		77.5	55.32

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