



ALBERTA  
POWERLIFTING UNION

# 2023 Women's Rankings Open



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	NAME	BW	CLASS	AGE	SQUAT	BENCH	DEADLIFT	TOTAL	IPF GL POINTS
1	Anne Andres	116.69	84+	Open	210.0	130.0	260.0	600.0	103.36
2	Bindi Mehta	51.97	52	Open	142.5	87.5	170.0	400.0	101.05
3	Tori Laperriere	56.60	57	Junior	152.5	102.5	172.5	427.5	100.81
4	Danielle Clavelle	75.44	76	Open	182.5	97.5	190.0	470.0	92.99
5	Jenny Hua	51.32	52	Junior	135.5	65.0	163.0	363.5	92.84
6	Janelle Martens	75.64	76	Open	185.0	92.5	187.5	465.0	91.88
7	Leah Cameron	71.74	76	Open	162.5	95.0	190.0	447.5	90.79
8	Maura Howden	101.12	84+	Junior	202.5	102.5	202.5	507.5	90.24
9	Ayn Walls	74.26	76	Junior	172.5	85.0	192.5	450.0	89.71
10	Sousanh Chanthalangsy	121.36	84+	Master 1	210.0	105.0	205.0	520.0	88.97
11	Kyia Truong	62.11	63	Junior	150.0	75.0	177.5	402.5	88.88
12	Aileen Bishop	108.55	84+	Open	205.0	97.5	205.0	507.5	88.71
13	Christilyn Arjona	46.69	47	Junior	105.0	70.5	140.0	315.5	88.04
14	Nicola Boag	68.16	69	Open	162.5	77.5	180.0	420.0	87.61
15	Isabella Bregliano	70.97	76	Junior	152.5	80.0	195.0	427.5	87.22
16	Kiley Morrissey	70.40	76	Junior	162.5	102.0	160.0	424.5	86.98
17	Carla Swanepoel	68.84	69	Open	165.0	77.5	172.5	415.0	86.09
18	Dara Fonseca Mora	54.57	57	Junior	125.0	67.5	160.0	352.5	85.52
19	Chisom Ezeh	74.30	76	Junior	160.0	85.0	180.0	425.0	84.71
20	Riva Kessel	82.84	84	Junior	175.0	77.5	192.5	445.0	84.50

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