

Women's Classic AB Records, Effective December 31, 2020

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|----------------------------|-------|------------------------|-----------|---------------|
| WOMENS OPEN | | | | |
| Squat | | | | |
| 72 Kg | 167.5 | Danielle Reid-Clavelle | 09-Mar-19 | Ottawa, ON |
| Bench Press | | | | |
| 72 Kg | 95.5 | Lydia North | 18-Jan-20 | Edmonton AB |
| Deadlift | | | | |
| 72 Kg | 190.0 | Danielle Reid-Clavelle | 22-Jun-19 | Edmonton AB |
| Total | | | | |
| 72 Kg | 435.0 | Danielle Reid-Clavelle | 22-Jun-19 | Edmonton AB |
| Bench Only | | | | |
| 72 Kg | 95.5 | Lydia North | 18-Jan-20 | Edmonton, AB |
| WOMENS JUNIOR | | | | |
| Squat | | | | |
| 72 Kg | 150.0 | Kyra Thomson | 13-Mar-17 | Saguenay QU |
| Bench Press | | | | |
| 72 Kg | 88.0 | Abby Hall | 09-Jul-17 | Edmonton AB |
| Deadlift | | | | |
| 72 Kg | 180.0 | Kyra Thomson | 13-Mar-17 | Saguenay QU |
| Total | | | | |
| 72 Kg | 400.0 | Kyra Thomson | 13-Mar-17 | Saguenay QU |
| Bench Only | | | | |
| 72 Kg | 88.0 | Abby Hall | 09-Jul-17 | Edmonton AB |
| WOMENS SUB-JUNIOR | | | | |
| Squat | | | | |
| 72 Kg | 130.0 | Jacqueline Schmidt | 07-Jun-15 | Calgary AB |
| Bench Press | | | | |
| 72 Kg | 62.5 | Jacqueline Schmidt | 07-Jun-15 | Calgary AB |
| Deadlift | | | | |
| 72 Kg | 133.0 | Ly Nguyen | 13-Mar-16 | Calgary AB |
| Total | | | | |
| 72 Kg | 327.5 | Jacqueline Schmidt | 07-Jun-15 | Calgary AB |
| Bench Only | | | | |
| 72 Kg | 62.5 | Jacqueline Schmidt | 07-Jun-15 | Calgary. AB |
| WOMENS MASTER 40-49 | | | | |
| Squat | | | | |
| 72 Kg | 135.0 | Renae Witzaney | 07-Mar-20 | Winnipeg, MB |
| Bench Press | | | | |
| 72 Kg | 75.0 | Renae Witzaney | 13-Sep-19 | St John's, NL |
| Deadlift | | | | |
| 72 Kg | 150.0 | Sandra Drake | 04-Oct-14 | CalgaryAB |
| Total | | | | |
| 72 Kg | 355.0 | Renae Witzaney | 07-Mar-20 | Winnipeg, MB |
| Bench Only | | | | |
| 72 Kg | 75.0 | Renae Witzaney | 13-Sep-19 | St John's, NL |

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|----------------------------|-------|-----------------|-----------|--------------|
| WOMENS MASTER 50-59 | | | | |
| Squat | | | | |
| 72 Kg | 95.0 | Cathy McDonald | 12-Jan-19 | Edmonton AB |
| Bench Press | | | | |
| 72 Kg | 52.5 | Jennifer Nadeau | 07-Mar-20 | Winnipeg, MB |
| Deadlift | | | | |
| 72 Kg | 127.5 | Cathy McDonald | 12-Jan-19 | Edmonton AB |
| Total | | | | |
| 72 Kg | 262.5 | Cathy McDonald | 12-Jan-19 | Edmonton AB |
| Bench Only | | | | |
| 72 Kg | 68.0 | Rose Campbell | 02-May-15 | CalgaryAB |
| WOMENS MASTER 60+ | | | | |
| Squat | | | | |
| 72 Kg | 110.0 | Deb Ellard | 09-Sep-18 | Edmonton AB |
| Bench Press | | | | |
| 72 Kg | 70.0 | Deb Ellard | 27-Sep-20 | Calgary, AB |
| Deadlift | | | | |
| 72 Kg | 132.5 | Deb Ellard | 09-Sep-18 | Edmonton AB |
| Total | | | | |
| 72 Kg | 305.0 | Deb Ellard | 09-Sep-18 | Edmonton AB |
| Bench Only | | | | |
| 72 Kg | 70.0 | Deb Ellard | 27-Sep-20 | Calgary, AB |