

Women's Equipped AB Records, Pre 2011

Women's Open				
Squat				
48 Kg	115.0	AJ Facendi	02-Apr-09	Moose Jaw, SK
52 Kg	132.5	D. Ward	17-Nov-01	
56 Kg	95.0	J. Franczak	09-Apr-94	
60 Kg	135.0	K. Young	30-Jun-07	Pincher Creek, AB
67.5 Kg	142.5	S. Szuch	16-Oct-10	Moose Jaw, SK
75.0 Kg	155.0	A. Patrick	21-May-93	
82.5 Kg	177.5	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	215.0	R. Marion	07-Nov-08	St. Johns, NL
90+ Kg	220.0	R. Marion	11-Sep-09	Ribeirao Preto, BRA
Bench Press				
48 Kg	72.5	AJ Facendi	1004-08	Quebec City, QC
52 Kg	78.0	AJ Facendi	12-Jun-10	Medicine Hat, AB
56 Kg	57.5	L. Schuler	05-Aug-10	Medicine Hat, AB
60 Kg	72.5	K. Young	30-Jun-07	Pincher Creek, AB
67.5 Kg	77.5	S. Szuch	16-Oct-10	Moose Jaw, SK
75.0 Kg	90.0	A. Patrick	21-May-93	
82.5 Kg	135.0	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	135.0	R. Marion	29-Mar-07	Dartmouth, NS
90+ Kg	143.0	R. Marion	02-Apr-09	Moose Jaw, SK
Deadlift				
48 Kg	127.5	AJ Facendi	12-Jul-08	Edmonton, AB
52 Kg	160.0	D. Ward	17-Nov-01	
56 Kg	140.0	L. Jewett	20-May-94	
60 Kg	142.5	K. Young	30-Jun-07	Pincher Creek, AB
67.5 Kg	157.5	S. Szuch	16-Oct-10	Moose Jaw, SK
75.0 Kg	170.0	A. Patrick	21-May-93	
82.5 Kg	157.5	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	187.5	T. Anthony	15-Mar-03	Winnipeg, MB
90+ Kg	182.5	R. Marion	11-Sep-09	Ribeirao Preto, BRA
Total				
48 Kg	310.0	AJ Facendi	02-Apr-09	Moose Jaw, SK
52 Kg	362.5	D. Ward	17-Nov-01	
56 Kg	282.5	J. Franczak	09-Apr-94	
60 Kg	350.0	K. Young	30-Jun-07	Pincher Creek, AB
67.5 Kg	377.5	S. Szuch	16-Oct-10	Moose Jaw, SK
75.0 Kg	415.0	A. Patrick	21-May-93	
82.5 Kg	470.0	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	517.5	R. Marion	29-Mar-07	Dartmouth, NS
90+ Kg	537.5	R. Marion	11-Sep-09	Ribeirao Preto, BRA
Bench Only				
48 Kg	70.0	AJ Facendi	11-Jul-09	Medicine Hat, AB
52 Kg	78.0	AJ Facendi	12-Jun-10	Medicine Hat, AB
56 Kg	40.0	E. Huba	30-Oct-10	Edmonton, AB
67.5 Kg	73.0	S. Szuch	12-Jun-10	Medicine Hat, AB
75.0 Kg	97.5	C. Marion	11-Jul-09	Medicine Hat, AB
82.5 Kg	130.0	R. Marion	09-Apr-06	Chilliwack, BC
90.0 Kg	80.0	T. Wickstrom	27-Feb-00	
90.0 Kg	135.0	R. Marion	29-Mar-07	Dartmouth, NS
90+ Kg	145.0	R. Marion	05-Apr-09	Moose Jaw, SK

Women's Junior				
Squat				
48 Kg	100.0	W. Shim	29-Mar-07	Dartmouth, NS
52 Kg	107.5	W. Shim	30-Jun-07	Pincher Creek, AB
56 Kg	95.0	J. Franczak	09-Apr-94	
60 Kg	115.0	B. Kaufmann	30-Jun-07	Pincher Creek, AB
67.5 Kg	132.5	R. Homans	08-Apr-10	Quebec City, QC
75.0 Kg	140.0	R. Homans	12-Jun-10	Medicine Hat, AB
82.5 Kg	177.5	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	215.0	R. Marion	07-Nov-08	St. Johns, NL
90+ Kg	220.0	R. Marion	11-Sep-09	Ribeirao Preto, BRA
Bench Press				
48 Kg	32.5	W. Shim	29-Mar-07	Dartmouth, NS
52 Kg	37.5	W. Shim	30-Jun-07	Pincher Creek, AB
56 Kg	55.0	J. Franczak	09-Apr-94	
60 Kg	62.5	B. Kaufmann	30-Jun-07	Pincher Creek, AB
67.5 Kg	70.0	R. Homans	08-Apr-10	Quebec City, QC
75.0 Kg	75.0	R. Homans	12-Jun-10	Medicine Hat, AB
82.5 Kg	135.0	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	135.0	R. Marion	29-Mar-07	Dartmouth, NS
90+ Kg	143.0	R. Marion	02-Apr-09	Moose Jaw, SK
Deadlift				
48 Kg	112.5	W. Shim	29-Mar-07	Dartmouth, NS
52 Kg	120.0	W. Shim	30-Jun-07	Pincher Creek, AB
56 Kg	132.5	J. Franczak	09-Apr-94	
60 Kg	122.5	B. Kaufmann	30-Jun-07	Pincher Creek, AB
67.5 Kg	137.5	R. Homans	08-Apr-10	Quebec City, QC
75.0 Kg	152.5	R. Homans	12-Jun-10	Medicine Hat, AB
82.5 Kg	157.5	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	177.5	R. Marion	07-Nov-08	St. Johns, NL
90+ Kg	182.5	R. Marion	11-Sep-09	Ribeirao Preto, BRA
Total				
48 Kg	245.0	W. Shim	29-Mar-07	Dartmouth, NS
52 Kg	265.0	W. Shim	30-Jun-07	Pincher Creek, AB
56 Kg	282.5	J. Franczak	09-Apr-94	
60 Kg	300.0	B. Kaufmann	30-Jun-07	Pincher Creek, AB
67.5 Kg	340.0	R. Homans	08-Apr-10	Quebec City, QC
75.0 Kg	367.5	R. Homans	12-Jun-10	Medicine Hat, AB
82.5 Kg	470.0	R. Marion	07-Sep-06	Sofia, BGR
90.0 Kg	517.5	R. Marion	29-Mar-07	Dartmouth, NS
90+ Kg	537.5	R. Marion	11-Sep-09	Ribeirao Preto, BRA
Bench Only				
48 Kg	35.0	W. Shim	29-Mar-07	Dartmouth, NS
52 Kg	35.0	W. Shim	30-Jun-07	Pincher Creek, AB
67.5 Kg	70.0	R. Homans	08-Apr-10	Quebec City, QC
75.0 Kg	97.5	C. Marion	11-Jul-09	Medicine Hat, AB
82.5 Kg	130.0	R. Marion	09-Apr-06	Chilliwack, BC
90.0 Kg	135.0	R. Marion	29-Mar-07	Dartmouth, NS
90+ Kg	145.0	R. Marion	05-Apr-09	Moose Jaw, SK

Women's Sub-Junior				
Squat				
90+ Kg	80.0	R. Marion	06-Dec-03	Calgary, AB
Bench Press				
90+ Kg	97.5	R. Marion	06-Dec-03	Calgary, AB
Deadlift				
90+ Kg	110.0	R. Marion	06-Dec-03	Calgary, AB
Total				
90+ Kg	287.5	R. Marion	06-Dec-03	Calgary, AB
Bench Only				
90+ Kg	97.5	R. Marion	06-Dec-03	Calgary, AB
Women's Masters				
Squat				
48 Kg	67.5	A. Nickerson	30-Oct-10	Edmonton, AB
56 Kg	90.0	L. Jewett	20-May-94	
67.5 Kg	155.0	A. Patrick	21-May-93	
Bench Press				
48 Kg	35.0	A. Nickerson	30-Oct-10	Edmonton, AB
56 Kg	50.0	L. Jewett	20-May-94	
67.5 Kg	90.0	A. Patrick	21-May-93	
Deadlift				
48 Kg	87.5	A. Nickerson	30-Oct-10	Edmonton, AB
56 Kg	140.0	L. Jewett	20-May-94	
67.5 Kg	170.0	A. Patrick	21-May-93	
Total				
48 Kg	190.0	A. Nickerson	30-Oct-10	Edmonton, AB
56 Kg	280.0	L. Jewett	20-May-94	
67.5 Kg	415.0	A. Patrick	21-May-93	
Bench Only				
48 Kg	36.0	A. Nickerson	30-Oct-10	Edmonton, AB
90+ Kg	47.5	H. Stiller	30-Oct-10	Edmonton, AB